

# spaghetti bolognese serves: 4-6

Lunch

Dinner



## Ingredients:

1 can of lentils



1 jar pasta sauce



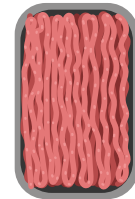
1 brown onion



1 tin of tomatoes



500 g mince



500g pasta

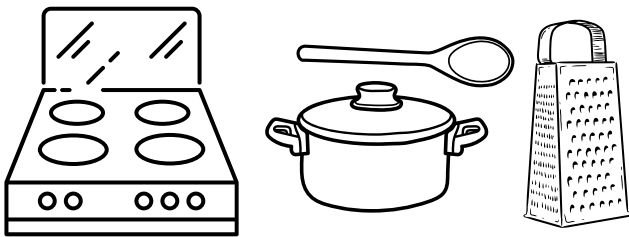


Grated cheese

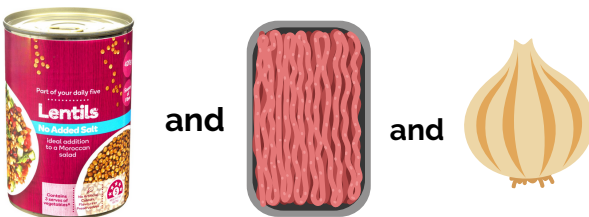


## Ingredients/ equipment:

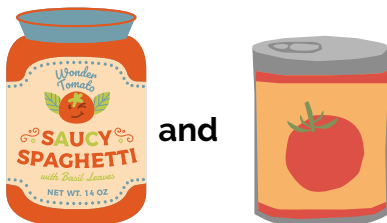
## method:



1 - Heat up the hot plate to a medium heat and place a pot on it



2- Add mince and can of lentils and chopped onion into the pot and cook until lentils are warmed through and the mince and onion is browned



3- add the pasta sauce jar and tin of tomatoes to the pot and mix to combine ingredients. Cook and simmer down the sauce until the sauce thickens.



4- Add pasta to the mixture cooked according to the packet and mix through

5- Add grated cheese to the pasta, mix it through and serve