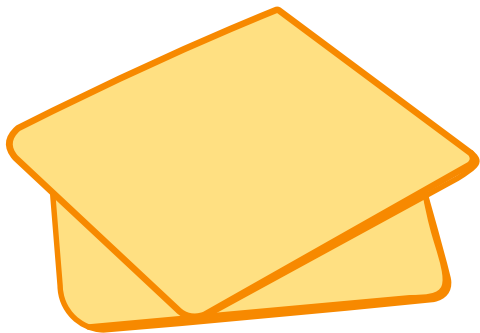


# BUY IN BULK

## Dairy

### Swap from

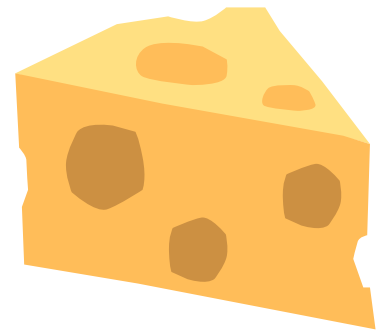
Prepackaged sliced  
cheese



500g = \$12.50

### Swap to

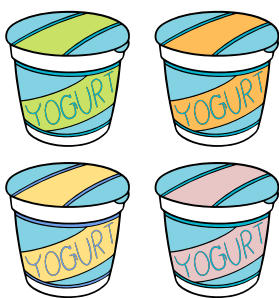
A block of cheese



500g = \$9.50

Save \$3 per week  
Save \$156 per year

Individual yoghurt  
containers or pouches



\$6 per kg

A large tub and put in  
reusable containers



\$4.40 per kg

Save \$1.60 per week  
Save \$83.20 per year