

Banana yoghurt muffins **Snack** makes: 24



Equipment needed:



Ingredients:

- 1 3/4 cups self raising flour
- 1/3 cup caster sugar
- 1 cup greek or natural yoghurt
- 1 egg
- 2/3 cup vegetable oil or olive oil
- 2 large bananas, mashed
- 1/2 cup chocolate chips

method:

1. Pre-heat the oven to 180C fan forced.
2. Lightly grease 2 mini muffin pans
3. In a bowl mix together the Greek yoghurt egg, oil and mashed banana.
4. Gradually add in the dry ingredients and stir until just combined. Add in chocolate chips if using at this point.
5. Spoon mixture into muffin pans.
6. Bake in the oven for 15 mins or until lightly browned.
7. Stand muffins in the pan for 5 mins, turn onto a wire rack to cool completely. Serve warm or cold.

