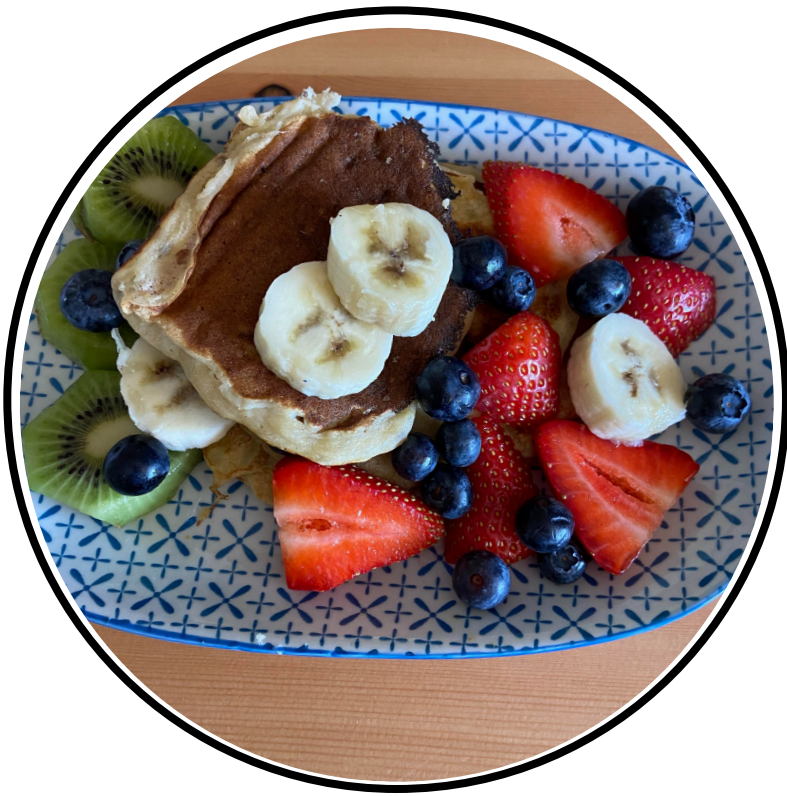


Banana pancakes

Breakfast

Snack

makes: 6



Equipment needed:



Ingredients:

- 2 Small ripe bananas
- 2 eggs
- 4tbsp wholemeal self raising flour
- Spray oil
- Fruit to top pancakes

method:

1. Mash bananas in a medium bowl until smooth. Whisk in egg, then flour until smooth. Set aside.
2. Lightly spray a medium non-stick frypan with oil and heat over medium heat. Spoon batter into the pan at your desired size and spread out to a 1 cm thickness. continue till your batter is all cooked.
3. Top with fruit of your choice